

Suicide Prevention

It Is Everybody's Business

316-660-7500
SUICIDE PREVENTION
HOTLINE

If there is an EMERGENCY
or the person is in
IMMINENT RISK of harming
self or others, call **911**.

Suicide Prevention Services
635 N. Main, Wichita, KS
316-660-7500

Additional Community Resources:

Crisis Intervention Services
(Emergency Mental Health)
635 N. Main, Wichita, KS
316-660-7500
Phone and walk-in services 24
hours a day, 7 days a week.

United Way of the Plains
Dial 2-1-1
Information and referral
services

**National Suicide
Prevention Lifeline**
1-800-273-TALK (8255)
Crisis Support
24 hours a day, 7 days a week

Street Outreach
(Wichita Children's Home)
316-262-HOME (4663)
Crisis Intervention Support
24 hours a day, 7 days a week

Crisis Text Line
Test CTL or LISTEN to 741-741
24 hours a day, 7 days a week
www.crisistextline.org

Suicide CAN be prevented. Most people do give warnings. Know the signs:

Unrelenting low mood - Pessimism - Hopelessness - Desperation – Anxiety

Emotional pain and inner tension – Withdrawal from friends and family

Sleep problems – Increased alcohol and/or other drug use

Unexpected rage or anger – Recent impulsiveness, taking unnecessary risks

Threatening suicide or expressing a strong wish to die

Making a plan and seeking access to pills, weapons or other means

Together We
CAN
Make A Difference

Valley Center has created a link to provide further information. Click here for facts about "The Silent Epidemic of Suicide", to learn the "Five Signs of Concern in Suicide Prevention", to read the myths and facts of youth suicide and find out who are the Elevated Risk Groups. What are the Steps to Take? Who do you Contact? [Youth Suicide Prevention Training](#)

You CAN make a difference. To learn the warning signs of suicide please click on this link: [Suicide Prevention is Everybody's Business](#)

For Facts on Suicide in the State of Kansas click here: [Kansas Fact Sheet](#)

To read USD262's Suicide Prevention Protocol please click on this link:

[Valley Center Suicide Prevention Protocol](#)

Parents – you CAN make a difference in fighting the "Silent Epidemic" of youth suicide. Click here to find out how: [The Jason Foundation](#)