

Valley Center Middle School 2019-2020 Bell Schedule

Students report to the North Gym upon arrival or eat breakfast

Dismissal Procedure:

- **6th Dismisses at 7:28**
- **7th Dismisses at 7:31**
- **8th Dismisses at 7:33**

1st Period.....7:40-8:27

2nd Period.....8:32-9:19

3rd Period.....9:24-10:11

4th Period.....10:16-11:03

5th Period.....11:08-12:33

1st Lunch: 11:03-11:33

2nd Lunch: 11:33-12:03

3rd Lunch: 12:03-12:33

6th Period.....12:38-1:25

7th Period.....1:30-2:17

Seminar.....2:22-2:50