

# Suicide Prevention

It Is Everybody's Business

**316-660-7500**  
**SUICIDE PREVENTION**  
**HOTLINE**

If there is an EMERGENCY  
or the person is in  
IMMINENT RISK of harming  
self or others, call **911**.

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*Suicide Prevention Services*  
*635 N. Main, Wichita, KS*  
*316-660-7500*  
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## **Additional Community Resources:**

**Crisis Intervention Services**  
(Emergency Mental Health)  
635 N. Main, Wichita, KS  
316-660-7500  
Phone and walk-in services 24  
hours a day, 7 days a week.

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**United Way of the Plains**  
Dial 2-1-1  
Information and referral  
services

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**National Suicide  
Prevention Lifeline**  
1-800-273-TALK (8255)  
Crisis Support  
24 hours a day, 7 days a week

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**Street Outreach**  
(Wichita Children's Home)  
316-262-HOME (4663)  
Crisis Intervention Support  
24 hours a day, 7 days a week

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**Crisis Text Line**  
Test CTL or LISTEN to 741-741  
24 hours a day, 7 days a week  
[www.crisistextline.org](http://www.crisistextline.org)

**Suicide CAN be prevented. Most people do give warnings. Know the signs:**

Unrelenting low mood - Pessimism - Hopelessness - Desperation – Anxiety

Emotional pain and inner tension – Withdrawal from friends and family

Sleep problems – Increased alcohol and/or other drug use

Unexpected rage or anger – Recent impulsiveness, taking unnecessary risks

Threatening suicide or expressing a strong wish to die

Making a plan and seeking access to pills, weapons or other means

Together We  
**CAN**  
Make A Difference

Valley Center has created a link to provide further information. Click here for facts about "The Silent Epidemic of Suicide", to learn the "Five Signs of Concern in Suicide Prevention", to read the myths and facts of youth suicide and find out who are the Elevated Risk Groups. What are the Steps to Take? Who do you Contact? [Youth Suicide Prevention Training](#)

You CAN make a difference. To learn the warning signs of suicide please click on this link: [Suicide Prevention is Everybody's Business](#)

For Facts on Suicide in the State of Kansas click here: [Kansas Fact Sheet](#)

To read USD262's Suicide Prevention Protocol please click on this link:

[Valley Center Suicide Prevention Protocol](#)

Parents – you CAN make a difference in fighting the "Silent Epidemic" of youth suicide. Click here to find out how: [The Jason Foundation](#)